**YEAR 11 HOME ECONOMICS WEEK 10 WORKSHEET**

***STUDENTS ATTEMPT THIS WORKSHEET IN YOUR ACTIVITY BOOK.***

**1.** The stage of the family cycle shown on the right is

A. empty nest.

B. ageing years.

C. launching years.

D. expectant parents.

**2.** Sunlight, air and wind are

A. human resources. C. renewable resources.

B. perpetual resources. D. non-renewable resources.

**3.** Which of the following is a characteristic of the **crowded years’ stage** in the family life cycle?

A. Various needs are to be met. C. Newness of sharing life together.

B. Both or one partner working. D. Sharing the running of the household.

**4.** Abraham Maslow, a social psychologist created the Hierarchy of Human Needs.

Briefly explain how the family meets the following needs:

A. physiological needs

B. safety needs

**5.** Abraham Maslow, a social psychologist created the Hierarchy of Human Needs. Briefly explain how the family meets the following needs:

i. Physiological needs

ii. Safety needs

iii. Emotional needs

**6.** Study the picture and answer the following questions.



i) Name the appliance shown below.

ii). State **two** advantages of using the above appliance.

iii). Explain **one** safety procedure when cooking food using the above appliance.

**7.** Chemical digestion is the process of enzymes changing food into simpler substances.

Identify the simple form of these nutrients after digestion:

(i) Proteins

(ii). carbohydrates.

**8.** (i) Identify **one** feature of microwave cooking.

(ii) Explain why eggs should not be cooked in their shell while using a microwave.

**9.** Give **one** advantage of using the rice cooker.

**10.** (i) Define Catabolism.

(ii) Explain **one** way food satisfies our physiological needs.

**11.** French seams are considered to be strong seams**.**

a. Name **one** garment where the French seam is most useful.

b. Explain the steps involved in making a French seam.

**12.** Study the dress style given and use your construction knowledge to answer the questions that follow.



(i) How many pattern pieces would be required for the dress design shown?

(ii) Identify the type of dart in the waistline as shown in the design.

(iii) Describe one method of transferring dart markings from patterns to fabrics.

**13.** Explain the purpose of each of the following sewing techniques:

(i) Stay stitching

(ii) Layering

(iii) Under stitching

**14.** State the use of the following types of sewing machines:

a. Over locker

b. Treadle sewing machine

**15. ESSAY WRITING**

Clothing is an important requirement for all life stages.

With reference to the above statement, discuss two:

* clothing requirement for adolescence. (2 marks)
* factors to consider when selecting clothes for adolescence (2 marks)
* factors that affect the availability of clothing for adolescence in Fiji. (2 marks)
* ways adolescence can show appreciation of their traditional values through clothing.

(2 marks)